

## Cell Phone Agreement

I know that having a cell phone to use is a privilege. I understand that my parents love me and want to keep me safe. My parents respect that I am becoming a young adult and want the privilege of having the use of a cell phone. With that in mind, I agree that:

1. My cell phone must be turned off by my bedtime and placed in an agreed upon location (by the charging station). It is my responsibility to be sure the cell phone is being charged when necessary. Initial here: \_\_\_\_\_
2. During family meals, my cell phone will be placed away from the table (by the charging station). I will not check texts or take calls during meal time. Initial here: \_\_\_\_\_
3. I will practice proper phone and internet etiquette. I understand this is an extension of normal manners. I will turn off, silence, and put my phone away in public—especially in a restaurant, at the library, or other quiet settings. Initial here: \_\_\_\_\_
4. I understand that having a cell phone is a means of communication, and is not a replacement for actual face to face interaction with my friends and family members. Therefore, when I am with others, I will make the people I am with my priority. Initial here: \_\_\_\_\_
5. I am responsible for knowing where my cell phone is and for keeping it in good working condition. Initial here: \_\_\_\_\_
6. I will obey all rules my school has regarding cell phone usage on school grounds. Initial here: \_\_\_\_\_
7. I will never text while driving, and will not ride in a car with someone who does. If I must talk on the phone while driving I will always use a hands free device. Initial here: \_\_\_\_\_
8. I understand that my behavior on my phone can impact my future reputation—even in ways that I am not able to predict or see. Initial here: \_\_\_\_\_
9. I will not use my cell phone to take pictures or video of nudity, violence or other unlawful activity. Initial here: \_\_\_\_\_
10. I will not use my cell phone for malicious purposes, i.e. bullying, spreading rumors/gossip, etc, nor will I send or forward text messages, pictures, or videos that are vulgar, obscene, violent, or sexual in nature. I understand that such things are both highly inappropriate and potentially illegal. Initial here: \_\_\_\_\_
11. I am responsible for ensuring that my internet usage and that the content and apps on my phone comply with the standards of appropriateness set forth by my parents. I will never search for porn or anything else that I wouldn't want my grandma finding. Initial here: \_\_\_\_\_
12. I will request permission before downloading any communication or social media related apps. Initial here: \_\_\_\_\_
13. I will alert my parents if I receive suspicious or alarming phone calls or text messages. Initial here: \_\_\_\_\_
14. I will alert my parents if I am being harassed by someone via my cell phone. Initial here: \_\_\_\_\_

15. I promise that my parents will always know my phone passwords. I understand that my parents can go through the contents of my phone at any time, with or without my knowledge. I agree to surrender my cell phone immediately to my parents if asked. I will not delete my texting history without permission, and I will fully cooperate in showing my parents the contents of my cell phone, including contacts, pictures, videos, text messages, etc, stored within. Initial here: \_\_\_\_\_
16. I will always respond to my mom or dad's texts/calls as soon as possible in the given situation. Initial here: \_\_\_\_\_
17. I will not lie about where I have been or how I am using the phone. I promise to answer questions openly, honestly, and directly. Initial here: \_\_\_\_\_
18. I understand that I do not have unlimited data. I am accountable for my data usage, and am responsible for any overage fees. Initial here: \_\_\_\_\_
19. I understand that I am required to manage my time in such a way that my phone usage doesn't interfere with my responsibilities, and that my phone may be taken away for failing to complete school assignments or not maintaining a sufficient grade point average, as defined by my parents. Initial here: \_\_\_\_\_
20. I understand that my cell phone may be taken away for disrespectful or disobedient behavior, including (but not limited to) back talking, inappropriate sibling interactions (i.e. fighting, hitting, name calling, etc.), and failure to complete responsibilities at home when asked or required. Initial here: \_\_\_\_\_
21. I understand that this is NOT my phone bill and that it is paid for by my parents (up to \$25/month). Having this phone is not a right—it is a privilege that can be taken away. As such, I have read the following document and agree to the above rules. I understand that if I have any questions, I should talk to my parents face-to-face. Initial here: \_\_\_\_\_

Date Reviewed and signed: \_\_\_\_\_